

BLANDFORD

HEALTH
& BEAUTY
CENTRE

Established since 2004



TREATMENT MENU

ENVIRON TREATMENTS

ENVIRON

a beautiful skin for a lifetime



ESSENTIAL

60 Min £65.00

90 Min £85.00

Environ's pioneering dual electro-sonic technology sets the benchmark for professional skincare treatments. Low frequency sonophoresis together with pulsed iontophoresis in combination with Environ's professional skin care products, help deliver more of what skin needs where it needs it most - making a real lasting difference to your skin, for life.

Essential **Youth Reset**

Helps soften the appearance of fine lines, sun-damage & sagging skin with our peptide and vitamin packed facial for a more youthful appearance.

Essential **Moisture Boost**

Helps reduce the appearance of fine lines caused by dehydration and increases the plumpness of the deeper layers of the skin. Hyaluronic Acid is the hero ingredient, promoting a moisturised, glowing-looking skin.

Essential **Comfort Calm**

Ideal for sensitive, irritated skin. A powerful combination of smart ingredients, leaving the skin feeling soothed with a healthy radiance.

Essential **Radiance Reveal**

A targeted solution for sun-damaged or pigmented skin. Boosting the skin with the correct combination of ingredients, results in flawless, radiant-looking skin.

FOCUS - ON | 30 Min £40.00

Specially developed to target specific areas using Environ's revolutionary dual electro-sonic DF technology, ensuring that your primary skin care concerns are directly addressed. Perfect for when time is limited.

Focus - On **Eye**

Combining our powerful peptide complexes with Hyaluronic Acid, ensures a completely refreshed, hydrated and youthful appearance.

Focus - On **Frown**

An iconic peptide blend assists in reducing the appearance of expression and frown lines around the eyes and forehead resulting in a more youthful appearance.

Focus - On **Texture**

An intensive combination of the three Environ technologies; Dual ELECRO-SONIC, COOL PEEL and MICRO PERFUSION improve the appearance of mild scarring, revealing smoother, evenly textured skin.

Focus - On **Even Tone**

The powerful combination of vitamin A, C and AHA is a unique approach to assist in lightening the appearance of pigmented marks resulting in a more even-toned, brighter complexion.

Focus - On **Body Profile**

This powerful body sculpting treatment will help you to say goodbye to the "orange peel appearance".

The effective combination of active ingredients with our dual electro-sonic DF technology assist in firming and conditioning, and helps to maintain a smoother, suppler and toned - looking skin.

This treatment can also improve the appearance of an unwanted double chin.

COOL PEEL® | 45 - 60 Min £60.00

Environ's unique Cool Peel® Technology is a non-invasive, intelligent skin renewal system developed by Dr Des Fernandes, to safely and effectively help refine, revive and brighten skin. Experience a real, lasting difference to skin through beautiful science.

Youth Renew Cool Peel

This cool peel treatment assists with reducing the appearance of premature ageing, fine lines, sun-damage and an uneven skin complexion. Discover the power of an intelligent skin peel that will leave the skin looking refreshed and vibrantly youthful.

Moisture Boost Cool Peel

Designed to gently buff the skin's surface and focus on revitalising dry, tired-looking skin, revealing a healthy-looking glow.

This gentle yet effective peel is suitable to do all year round with no visible peeling.

Deep Cleansing Cool Peel

Environ's interpretation of the classic deep cleanse facial. This unique method of deep cleansing the skin is gentle in exfoliating the skin's surface, yet effective in purifying and assisting to control the appearance of congested, breakout-prone skin.

This unique, gentle peel helps to achieve visible improvements, leaving the skin looking radiantly healthy and refreshed.

Bright Recovery Cool Peel

This gentle lactic acid cool peel assists with reducing the appearance of premature ageing, fine lines and uneven toned skin complexion as a result of excessive sun exposure.

Blemish Control Cool Peel

This powerful cool peel therapy assists with the management of blemish prone, distressed skin, by purifying, cleansing and assisting to unclog pores and dissolve impurities. Our hero treatment for problematic skin conditions.

Vibrant-C Cool Peel

A concentrated, vitamin C infused peel that is freshly mixed before application to ensure optimal freshness and efficacy. Proven to deliver a healthy complexion with an even skin tone and texture because vitamin C is essential for the skin to function at its best. Excellent choice for sun-damaged, pigmented and mature skins.

DECLÉOR TREATMENTS



Decléor's holistic facials are famous worldwide for their heavenly feel and simply stunning results. The use of expert massage techniques and 100% pure, preservative-free Essential Oils address the demands of every single skin type to leave all complexions balanced, comforted and glowing with health.

MASSAGE LED FACIALS

30 Min	£40.00
60 Min	£60.00
90 Min	£75.00

Aromatherapy Face Massage

A facial suitable for all looking to target your skin priorities whilst brightening and rebalancing the skin.

Lifting Aromatherapy Face Massage

A facial ideal for those targeting the signs of ageing and the need to destress and bring a sense of well-being.

Skin Workout

A targeted anti-ageing "workout" facial which includes a toning and firming massage.



BODY & FACE

Total Aromatherapy Escape Ultra-Nourishing Treatment

Top to toe treatment that releases tension and boosts body's energy thanks to customised Essential Oils.

60 Min £65.00
90 Min £80.00
120 Min £110.00



PRE/POST NATAL TREATMENTS

Baby On Board Face & Body Treatment

Relax and let your highly trained therapist safely and gently treat you to a truly nurturing experience. This blissful face and body treatment will help to reduce stretch mark's, water retention and ensure your skin is left feeling as glowing as you feel.

Pregnancy Massage. 75 Min £65.00

Special Delivery Face & Body Treatment

Luxurious and pampering post-natal treatment which will help ease backache, improve fluid retention and combat fatigue. An over tired body and mind will feel re-energised while an illuminating facial improves skin tone and elasticity, helping new mums feel like themselves again and leaving your skin as soft as your newborn's.

New mum body massage. 75 Min £65.00

BODY TREATMENTS

Aromatherapy Hot Stone Massage

Relax and unwind with a warming hot stone massage. The therapist will use the hot stones to help relax and ease any tightness deeper within the muscles.

Full body Massage 75 Min £65.00

Recover & Release Tension Bamboo Massage

Deep tissue massage powered by bamboo gestures - Eucalyptus Essential Oil Restoring and anti-tension.

60 Min £55.00

Full Body Massage

60 Min £50.00

Deluxe Back, Neck & Shoulder Massage

(Includes Scalp Massage)

45 Min £37.00

Back, Neck & Shoulder Massage

30 Min £30.00



HOLISTIC TREATMENTS

Reflexology

45 Min £35.00

Indian Head Massage

30 Min £30.00

Hopi Ears

30 Min £30.00

CACI SYNERGY

CACI NON SURGICAL SOLUTIONS

CACI International has paved the way in anti-ageing, skin rejuvenation and problematic skin solutions for over three decades. Described by the media as “the non-surgical face lift”, CACI has become the go-to red-carpet treatment for numerous celebrities. Their latest system, the CACI Synergy, has been shown to reduce wrinkle depth by up to 75% and improve skin elasticity by up to 88%. CACI provides tailored treatment solutions for men and women of all ages and skin types.

The dual action of simultaneous LED and microcurrent energy stimulates tissue regeneration, helps in the production of collagen, tightens sagging muscles whilst smoothing the appearance of fine lines and wrinkles. The unique combination of these technologies provides more visible and longer lasting results.

CACI Synergy Advanced Non-surgical Facial Toning 90 Min £85.00

Combines CACI’s Signature Non-surgical Facial Toning with advanced skin exfoliation techniques to revitalise your skin, resulting in smoother and brighter complexion. A combination of advanced technologies are used to plump fine lines and wrinkles, instantly lift and tone your face and firm your neck. Finished with the hydrating and soothing CACI Hyrdo Mask.

CACI Synergy Purifying Facial 45 Min £45.00

Let us tailor make this skin resurfacing treatment specifically for you.

Microdermabrasion or the Ultrasonic peel is a controlled skin exfoliation, removing imperfections and impurities. LED light therapy is also used to enhance the treatment for your concerned areas. The CACI Hydro Mask is applied to hydrate and calm leaving your skin brighter, clear and revitalised.



CACI Signature Non Surgical Facial Toning 60 Min £65.00

This non invasive facial features S.P.E.D® Dual Action Technology that provides simultaneous skin rejuvenation and facial toning. This treatment uses microcurrent impulses, to lift and tone and LED light therapy to improve skin elasticity and reduce the appearance of fine lines and wrinkles. Firm your face and gives your skin a more youthful, fresh appearance.



CACI Jowl Lift 30 Min £30.00

Target muscle laxity around the jawline using S.P.E.D® Dual Action Technology, which harnesses the power of LED light therapy at the same time as using CACI microcurrent. This treatment will lift and firm your muscles and redefine facial contours to give a firmer, more toned appearance. Ideal for those wanting to improve the appearance of sagging jowls or who desire a more chiselled jawline.

Book and pay for a course of any 10 CACI treatments* and receive a **10% discount!**

**a course of 10 caci treatments is always recommended*

CACI Electro Cellulite

Massage 30 Min £30.00

Gives an instant lift, shapes and tones the buttock and thigh area. This treatment combines the therapeutic benefits of a massage with the effectiveness of microcurrent therapy. The conductive rollers improve the appearance of cellulite by gently breaking down fatty deposits. It stimulates circulation and lymphatic drainage, which helps to flush toxins away giving a smoother, tighter and dimple free appearance.

STRIP WAX

Eyebrows	£12.00
Top lip	£10.00
Chin	£10.00
Lower face	£15.00
Eyebrows & Lower face	£17.00
Eyebrows & Top lip	£15.00
Underarms	£12.00
Forearms	£12.00
Brief Bikini	£12.00
Extended Bikini	£15.00
Brazilian	£20.00
Hollywood	£27.00
1/2 Leg	£17.00
Full leg	£27.00
Full Leg & Bikini	£32.00
Full Leg & Brazilian	£40.00
Full Leg & Hollywood	£45.00
Back wax	£20.00
Chest wax	£20.00

CACI Eye Revive 45 Min £40.00

Lift and firm muscles around the eye area, particularly where you may tend to lose definition as you age and develop 'hooded eye lids'. This treatment uses serum filled microcurrent rollers together with the soothing and calming Eye Revive Mask to reduce puffiness and dark circles, and soften the appearance of fine lines and wrinkles around the eyes.

CACI Skin Calm Facial 30 Min £35.00

Targets skin prone to breakouts and irritation. This treatment uses LED light therapy that is renowned for its anti-bacterial and anti-inflammatory healing properties. Combined with the soothing CACI Hydro Mask to calm, reduce redness and rehydrate the skin.

HOT WAX

Eyebrows	£15.00
Top lip	£12.00
Chin	£12.00
Lower face	£17.00
Eyebrows & Lower face	£20.00
Eyebrows & Top lip	£17.00
Underarms	£15.00
Brief Bikini	£15.00
Extended Bikini	£17.00
Brazilian	£30.00
Hollywood	£40.00

EYE ENHANCEMENTS

Eyebrow Tint	£10.00
Eyebrow Shape & Tint	£15.00
Eyelash & Eyebrow Tint	£20.00
Eyelash Tint	£15.50
Eyelash tint, eyebrow shape & tint	£25.00

Lashlift and Tint 45 Min £38.00

Lash Lift is a popular addition to eyelash services and is offered as an excellent alternative to eyelash extensions when required.

The lifting effect naturally enhances the natural thickness of the lashes giving a more defined overall appearance.

ADVANCED ELECTRICAL TREATMENTS

Electrolysis

The process of removing hair permanently by means of electricity

Consultation	Free
Up to 15 Min	£15.00
Up to 30 Min	£25.00

Red Vein & Milia Removal

(Face only)

Consultation	Free
Up to 15 Min	from £25.00

Skin Tag Removal

Consultation	Free
Up to 15 Min	from £25.00

NAILS

Vynylux Rejuvenating Spa Pedicure 60 Min £35.00

A sole-ful journey of soothing hydration. Feet are bathed in the revitalising soak then gently buffed with the creamy conditioning scrub exfoliator. An application of a replenishing masque and cucumber heel therapy to focus on dry areas, reveals luminously soft skin. Toes are then treated to an application of the CND Vynylux polish, the perfect finish to a pampering spa pedicure.



Upgrade the spa pedi to include CND Shellac for an extra £10.00.

Plexi Gel Manicure £40.00

Plexi File and Varnish £35.00

Shellac Manicure £35.00

Shellac Pedicure £35.00

Shellac File and Varnish £30.00

Vynylux Express Manicure £25.00

Vynylux File and Varnish £20.00

Shellac Removal & Hydrate Treatment £15.00 (if applied by us)

PLEASE BRING OPEN TOE SHOES

We welcome you to our Beauty Salon which has been established since 2004. We pride ourselves on delivering a professional and thorough treatment which will be performed by one of our highly experienced therapists. Our speciality is delivering a treatment which will benefit your skin, body and mind.

OPENING HOURS

Monday	Closed
Tuesday	0900 – 1800
Wednesday	0900 – 2000
Thursday	0900 – 2000
Friday	0900 – 1800
Saturday	0900 – 1600
Sunday	Closed

A 50% charge will be made if less than 24 hours notice is given for cancellation of appointments.

For that special person why not purchase one of our **GIFT CARDS**.

Please note the time allocated for a treatment, does include changing time.

Your relaxation is our priority, so please refrain from using your mobile phone whilst having your treatments.



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