

BLANDFORD

HEALTH
& BEAUTY
CENTRE

Established since 2004



BEAUTY TREATMENTS



DECLÉOR TREATMENTS

Face

Decléor's holistic facials are famous worldwide for their heavenly feel and simply stunning results. Every treatment begins with the unique back diagnostic massage; utterly relaxing for you and a wonderful insight to your therapist into your overall state of health – and therefore your precise needs. The use of expert massage techniques and 100% pure, preservative-free Essential Oils address the demands of every single skin type to leave all complexions balanced, comforted and glowing with health.

Facial Pilates

75 mins £60.00
 Inspired by pilates, delivers a natural lift to the face, whilst helping reshape the contours of the face with a re-cushioning effect. The skin is left flawless, glowing and rosy with youthfulness.

Facial Yoga Lift

75 mins £60.00
 A unique facial combining the flow, rhythm and repetition of powerful Kobido massage technique with the power of Iris and Lavandula essential oils for smoothed, firmed and luminous skin.

Aroma Expert Facial

75 mins £55.00
 Whether your skin is dehydrated, oily or just generally in need of some TLC, you will get exactly what you need from these facials. The Aroma Expert Facial offers targeted face treatments in synergy with each skin type meaning the treatment is prescribed to suit you and your skin type perfectly by your skin specialist.

Ultimate Vitamin Glow

60 mins £50.00
 Power packed with vitamins and anti-oxidants, this award winning facial melts away stress. Combining a rebalancing Essential oil plus a warm, decongesting mask for skin that's purified, perfectly replenished and glowing.

Discovery Facial

30 mins £30.00
 Short of time? Discover why Decléor facials are world famous with this rescue remedy. Includes revitalising massage, Essential Oils and a gentle polish to wake-up tired skin leaving it fresh and radiant.

Vital Eyes

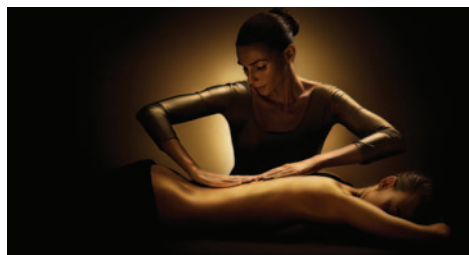
45 mins £37.00 Inc. with facial only £25.00
 Put the sparkle back! Featuring restoring and intensively hydrating eye masks, this targeted treatment fights fatigue, quenches moisture loss and helps erase the appearance of wrinkles for a sparkling, rested eye zone.



Aromatic Rituals for Men

Rituals devoted to men's specific needs; skin that is damaged and weakened by daily shaving and climatic conditions. A simple and clear treatment range for exceptional results and timed to fit in perfectly with the lives of men today.

Intensive energising face treatment	
75 mins	£60.00
Express energy treatment	
30 mins	£30.00



BODY

Total Aromatherapy Escape

120 mins £90.00

A divinely indulgent treatment, your journey begins with Decléor's warm aromatic balms being gently applied to the body, followed by a deeply de-stressing full body massage to melt tension and stress away. You will then receive a prescriptive facial suited to your skins needs and concerns, leaving you feeling intensely rejuvenated and relaxed from head to toe.

Aromatherapy Face and Body re-energiser

60 mins £60.00

Beginning with a heavenly aromatherapy massage this treatment is perfect for banishing tension from the skin, body and mind. Tense, tired muscles are eased and stress melts away. Followed by a prescriptive facial tailored to your skin needs, you will leave feeling relaxed, rejuvenated and refreshed.

Decléor Radiant Mum-2-Be

75 mins £60.00

Relax while your highly trained therapist safely and gently treats your tummy, legs and face to a truly nurturing experience that helps reduce the risk of stretch marks, relieves 'heavy' legs and brightens skin.

Aroma Blend Refine & Firm

60 mins £60.00

30 mins £30.00

Aroma blend is one of our newest innovative treatments, consisting of 25 different essential oils that target both emotion and physical concerns. Each treatment is tailor made to suit your needs. Your body will feel recharged and your emotions balanced.

Aroma Massage

Everyday stresses and strains simply disappear with our heavenly Aromatherapy massage, to either relax, detoxify, tone or stimulate.

Decléor Aroma Full Body Massage

60 mins £50.00

Decléor Aroma Back Relief

30 mins £30.00

Decléor Cleansing and Purifying Back Treatment

30 mins £32.50

A facial for your back! Transforms skin to super-smooth and velvety touch.

Decléor Tranquility Scalp

30 mins £28.50

Deeply relaxing, this blissful scalp treatment incorporates a pressure point massage to banish tension and encourage a good nights sleep.

Decléor Bamboo Massage

Full Body 60 mins £50.00

Decléor Aromatherapy Hot Stone Massage

Full Body 60 mins £50.00

Holistic Treatments

Reflexology 45 mins £30.00

Hopi Ears 30 mins £30.00

Massage

Full Body 60 mins £45.00

Deluxe back, neck & shoulder
45 mins (Includes Scalp Massage) £35.00

Back, neck & shoulders 30 mins £27.00

CACI SYNERGY

CACI NON SURGICAL SOLUTIONS

CACI is The Original Award winning advanced anti-ageing treatment, offering non surgical solutions, by re-energising and re-educating the muscles to tighten, tone and lift, providing visual improvement after just one treatment.

CACI has over 20 years research and development and now boasts the first non surgical system, offering micro current facial toning, crystal free orbital microdermabrasion, high frequency wrinkle comb to plump out and soften lines and wrinkles and LED light therapy photo stimulation.

To see long lasting results from the non-surgical facelift treatment, a course of between ten to twelve treatments is highly recommended. Followed by one treatment every 4-6 weeks to maintain lasting results.

Red Carpet Facial

90 mins £99.00

Using all of the Caci Technology, you will receive the ultimate of non-surgical facelifts and skin rejuvenating treatment in this one treatment.



Blandford Health & Beauty Signature Facial

90 mins £80.00

This is a tailor made facial for your specific skin type and concerns that involves either microdermabrasion or skin rejuvenation and muscle lifting.

The Classic Caci Lift

60 mins £60.00

This treatment gently lifts, tightens, tones and re-educates the facial muscles whilst smoothing the appearance of fine line and wrinkles. The skin is beautifully rehydrated whilst tone and texture is improved, leaving the skin with a wonderful glow and a firmer appearance.

Blandford Health and Beauty Signature Microdermabrasion Ultrasonic Peel

40 mins £45.00

Let us tailor make this skin resurfacing treatment specifically for you. Microdermabrasion or ultrasonic peel, works by gently removing the superficial layer of the skin to help with blemishes, scarring, sun damage, fine lines, wrinkles, blocked pores and stretch marks. LED light therapy is also used to enhance the treatment for your concerned areas. The hydro gel mask is applied to hydrate and calm leaving your skin brighter, clear and revitalised.



Caci Acne Treatment

30 mins

£30.00

This soothing treatment targets severe acne concerns where exfoliation is not advised. The treatment uses blue and red light therapy (renowned for its anti-bacterial and anti-inflammatory healing properties) combined with the Hydro Mask to soothe and calm the skin, as well as reduce redness and irritation.

Caci Eye Revive

30 mins

£35.00

The CACI Eye Revive treatment uses serum filled CACI Microcurrent rollers together with a deeply nourishing Hydro Eye Mask to lift hooded eye lids, reduce puffiness and dark circles and soften the appearance of fine lines and wrinkles around the eyes.

Caci Jowl Lift

30 mins

£30.00

The CACI Jowl Lift has been developed to specifically target muscle laxity around the jawline which can cause drooping jowls and loose skin. This treatment is specially designed to lift and firm the muscles and refine facial contours to give a firmer, more toned appearance.

Caci Electro Cellulite Massage and Bottom Lift

30 mins

£30.00

The Electro Cellulite Massager treatment gives instant lifting and contouring on the buttocks and toning of the thighs. This treatment will improve the appearance of cellulite and break down fatty deposits. It will also stimulate circulation and lymphatic drainage, which will help to flush toxins away giving a smoother and tighter, dimple free appearance. Great as a pre-holiday body blitz.



Before CACI treatment



After CACI treatment

Book and pay for a course of any 10 Caci treatments and receive a 10% discount.

We welcome you to our Beauty Salon which has been established since 2004. We pride ourselves on delivering a professional and thorough treatment which will be performed by one of our highly experienced therapists. Our speciality is delivering a treatment which will benefit your skin, body and mind.

OPENING HOURS

Monday	0900 – 1700
Tuesday	0900 – 1800
Wednesday	0900 – 2000
Thursday	0900 – 2000
Friday	0900 – 1800
Saturday	0900 – 1600
Sunday	Closed

A 50% charge will be made if less than 24 hours notice is given for cancellation of appointments.

For that special person why not purchase one of our **GIFT CARDS**.

You are entitled to join our loyalty scheme. Please ask for your loyalty card today!

Please note the time allocated for a treatment, does include changing time.

Your relaxation is our priority, so please refrain from using your mobile phone whilst having your treatments



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